

Functional Movement Strategies for the Legs, Knees & Feet

Understanding Relationships & Optimizing Movement

16 Hours / CEUs

Gordon Browne, Instructor

Physical Therapist & Author 25 + years of Professional Experience

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MovementSeminars.com

PTs, PTAs & ATCs

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Olympia, WA — April 27-28, 2024 Ramada by Wyndham

Sea-Tac, WA — May 4-5, 2024 Holiday Inn Express

Everett, WA — May 18-19, 2024 Hampton Inn

"Plenty of hands on active learning, great explanations and complimentary to my practice. Loved it!"

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 ${\it Understanding Relationships \& Optimizing Movement}$

Course Description

With an emphasis on immediate clinical application to orthopedic knee, lower leg and foot dysfunction, this fun and interactive movement lab introduces ways of making the exercises we use more informative, more functional and much more effective. Discover how poorly organized movement in the hips and pelvis contributes to localized down-chain musculoskeletal pain, how to facilitate better patient motor planning and how movement changes in response to traumatic lower extremity injury. Gain a more dynamic perspective on human movement and be more creative in how you teach exercise, lower extremity alignment, balance and functional activities.

CEUs & State Approvals

Multi-State Board Approved, accepted by Washington PT Board for 16 hours of continuing education. Certificates of attendance with the number of contact hours will be given to each participant at the completion of the course. Please call if you have any questions regarding state approval.

Registration Confirmation

A confirmation with specific location information, course times and suggested attire will be emailed once registration is received.



About the Instructor: Gordon Browne, PT

Gordon is a Physical Therapist with 25 + years of clinical experience in outpatient orthopedics and manual therapy. With a lifelong passion for movement, he has modified and medically articulated the clinical use of various integrated movement systems; the Feldenkrais Method®, Yoga, Pilates and Tai Chi.



Registration Fees:

Single Registrant \$425 2 to 4 \$405 ea 5 or more \$370 ea

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Scan for more information & course registration.