

TMS Policy & Procedures for COVID-19

Goal: To best protect the health and wellness of all our registrants & instructors.

Purpose: Identify persons who may be infected with COVID-19 and minimize risk of class participants contracting COVID.

Duration: Will continue based on current guidelines and the best judgment of Therapeutic Movement Seminars. Please note: It is the responsibility of the registrant to educate themselves on COVID-19 policies and restrictions for the states in which they are attending a course, especially for those travelling outside of their home state to attend a course.

Physical Distancing

- We will limit the number of registrants for each course to allow ideal physical distancing.
- Each registrant will be provided 35-45sf of separation during the course.
- Please bring your own yoga mat. We will have a space planning layout/template to follow upon entrance to the meeting space. Please note the layout and follow the template 😊.

Masks

- As of March 12, 2022 masks are not required for indoor activities in Washington State. **However, for the safety and wellbeing of others we are requiring each registrant to wear a mask during class.**
- TMS requests registrants bring a mask to class each day but will also pack extra masks for those registrants who do not bring one.
- Please know we appreciate your assistance and understanding in helping us get back to safely teaching in-person courses. We are a small business and strive to provide the best learning environment for each person.
- Gordon, the lead instructor, will not be wearing a mask for the sole purpose of student learning. He will take a Covid test the morning of each teaching day.

TMS COVID-19 Symptom Screening Form

- All registrants will complete a basic COVID-19 screening form upon arrival.
- Instructor(s) will review all completed screening forms and will follow up, if necessary.

Results of a Positive Screening

- Any registrant with a positive COVID-19 screen on the first day will be required to leave the course. The registrant will be given a voucher for any TMS courses of equal value. This includes live and web-based online courses.
- Any registrant with a positive COVID-19 screen on the second day of a 2-day course will receive continuing education credit for the first day, as allowable by each state, and a voucher for a future course of equal value (any course, live or online).
- A positive screen for the instructor during the course will result in cancellation of the course. Registrants will have the choice between a voucher for another course of equal value or a pro-rated refund for the untaught hours of the course along with credit for the taught portion as deemed allowable by each state.